



PFCEEA Quarterly



July, August, September 2015

Fall Edition

www.pfcee.com

A Message From Your President

The temperature is finally going down, the leaves on the trees are starting to turn different colors, and the school buses can be seen in all of our neighborhoods picking up and delivering children to/from school. This can mean one thing - its Fall! Oh the joy and excitement on the children's faces when they begin each new school year. I hope that excitement about learning lasts all year for all of your children.

While we're on the subject of excitement, I am very happy to announce we held our election for our board of directors at our September training. Thank you to all who voted. The results are located on Pages 4 & 5.

I've been contacted by a financial service representative and I will place their information on page 6 if you are interested in some information. I hope that each of you has already started some type of savings plan for your retirement, but if you haven't, give it a thought - retirement has a way of sneaking up on us very quickly and before we know it, it's here! Social Security probably won't cover all of your monthly expenses - setting aside a little money each month does make a big difference!

I have enjoyed being your president these last 4 years and I know the association is in great hands with the new board of directors; with them at the helm, the association will soar to new heights!

Marie



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Welcome to our new PFCEEA members
We are happy you have joined.

Jacqueline Surumayo Shelia Long
Jestine Hudson Daija Fuller

Membership Report

We currently have 50 members in good standing: 10 are in Chesapeake, 12 in Norfolk, 3 in Portsmouth, 2 in Suffolk, & 23 in Virginia Beach. Since the Association started, we have had 398 people become members. Remember to check our website to make sure your information is correct.

If you change your email address, phone number, or move either to another local address or out of the area, please let us know as soon as possible.

Submitted by Randee Holmes



How to Contact PFCEEA

Email: pfceea@yahoo.com
 Website: www.pfceea.com
 Facebook: Professional Family Child Care & Early Educational Association

PFCEEA Executive Board

President

Marie McFadden 482-9470

Vice-President

Randee Holmes 479-9579

Treasurer

Wanda DiNardo 486-4582

Corresponding Secretary

Diane McEwen 490-2371

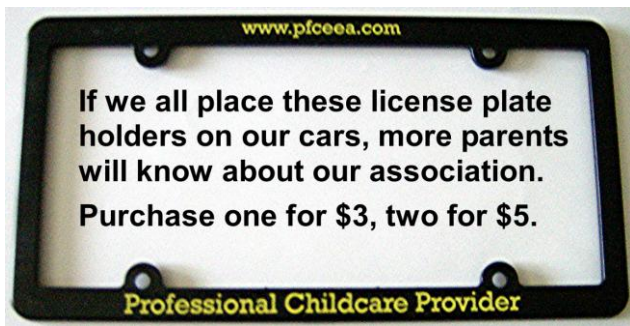


Standing Committees

Advertising	Jan Coffman	499-6474
Diaper donations	Diane McEwen	490-2371
Social Secretary	Michelle Freeman	483-1970
Historian	Jan Coffman	499-6474
Marketing		
Membership	Randee Holmes	479-9579
Newsletter	Marie McFadden	482-9470
Phone Tree	Cindy Sisson	421-7901
Clothing donations	Beth Kaminski	853-4505
Door Prizes	Dona Cox	486-1565

License Plate Frames

Only a few are left



Social Secretary

If you know of a member who should be sent a get well or sympathy card, contact me and I will send out the card right away.

Call Beth at 853-4505

Submitted by Beth Kaminski



Donations

We are still collecting items to donate to those in need. If you have anything in very good condition you would like donate, give me a call at 853-4505 or email me mylittleschool@cox.net Items may be brought to our trainings.

Submitted by Beth Kaminski

We are also collecting diapers at our trainings - see Diane



PFCEEA Meeting Schedule

To register for all training meetings, email pfceea@yahoo.com or call Marie at 482-9470. PFCEEA members receive the training certificate for free; non-members pay \$10 cash at the door. **No Children.**

Our meetings are held in the Virginia Beach Central Library from 6:45-8:45 pm. We will draw the door prize tickets at 6:45. For anyone arriving after our speaker starts, a certificate for less training time will be given.

2015 training dates:

Nov. 23

We are collecting the following items at our trainings:

diapers for Diaper Bank of Hampton Roads
gently worn clothing (men or women)

Advertising Report

An ad was in the Virginian-Pilot from August 4 to September 15. Make sure your information is correct on our website so parents can get it touch with you.

(www.pfceea.com)

Jan Coffman 499-6474



Marketing Report

We are in need of someone willing to step up and take the job of marketing (letting people know we exist) for the association. Let us know if you are interested. In the mean time, I'd like to ask all of our members to mention our website to people you meet. www.pfceea.com

Phone Tree Report

I have given most of my Phone Tree helpers time off the past few months as I have free time in the morning which allows me time to make the calls for training. Many thanks to all the ladies who are ready to help when needed. A big thank-you to Beth for calling the centers. If you would like to join the Phone Tree, give me a call.

CindySisson 421-7901,
cindy_sisson@hughes.net



Website Report

Our home page was viewed 75 in June, 69 in July, and 77 in August.

In addition to our local cities, 7 other cities in Virginia logged on: Ashburn, Charlottesville, Chester, Falls Church, Lynchburg, Raphine, Richmond, Sterling, and Woodbridge.

People in the following states have visited our site: CA, FL, IL, MD, MA, MI, MN, MS, NY, PA, TX, & Washington D.C.

People from all around the world have visited our website too: Algeria, Angola, Argentina, Bolivia, Brazil, Canada, Chile, China, Ecuador, France, Hong Kong, India, Indonesia, Iran, Israel, Italy, Jamaica, Kuwait, Malaysia, Mexico, Philippines, Portugal, Romania, Serbia, South Africa, Tunisia, United Kingdom, and Venezuela.

Submitted by Marie McFadden



2016 Board of Directors



President - Randee Holmes

I began working with children when I was 12 as the neighborhood babysitter. In high school I took a class that ran a laboratory preschool. I received my Associate Degree from TCC in Early Childhood Development and my BS in Interdisciplinary Studies from Norfolk State Univ. I opened my childcare business in 1997 to offer quality and educational care 7 days a week, day and evening shifts to meet the needs of parents that have nontraditional work schedules.

I participated in the initial pilot program for the Virginia Star Quality Initiative program for family Homes. On July 6, 2012 Randee's Family Child Care Home (Kiddie Kastle) received a Four Star Rating from Virginia Early Childhood Foundation. I attend numerous conferences and trainings to keep up to date on the ever changing field of Early Childhood. I have received Early Childhood Infant and Toddler Endorsement, Early Childhood Preschool Endorsement, Early Childhood Endorsement I - Creativity Series and Early Childhood Endorsement II- Health, Safe, participated in the kindergarten transition checklist pilot program and the Early Education Small Business Program through the City of Virginia Beach. In 2013 I received my CDA and I'm working on becoming accredited with the National Association for Family Child Care. Last year I began taking classes with Walden University in order to obtain my Masters in Early Childhood Studies with a minor in Management, Leadership and Administration. I received the Safe Harbor Award in 2013. I am currently the Vice President and membership chair for PFCEEA. I am married to Tom and mother of five (Tyler 20, Seth 17, Makayla 14, Trevor & Chandler, 11 year old twins).

Vice President - Elizabeth (Beth) Kaminski

My name is Elizabeth Kaminski and I am the owner and operator of My Little School which is a state licensed daycare. I have maintained a state licensed facility for 30 years and 26 years of those years have been with the USDA (U.S. Department of Agriculture). Prior to opening my own business I taught "Young 4's" for six years at St. Stephen Learning Center.

Teaching preschool has always been my passion. I love preparing all children for the school year and take pride in teaching the new skills and fundamentals that they will utilize throughout their education.

I have been an active member of PFCEEA (Professional Family Childcare and Early Education Association) since the board's development on September 10, 2001. During this time I have held positions such as phone tree, historian, social secretary and consistently volunteered for anything needed.

Treasurer - Cindy Huntington

Cindy moved to Virginia Beach in her teen years with her military family. She has been married for 39 years to a Virginia Beach native and together raised two children. She now has two grandchildren. Her associate degree is in Early Childhood Development from Tidewater Community College and her bachelor's degree is in Business Administration from Averett University. She has had many various volunteer opportunities and community leadership roles. Cindy has owned and operated a childcare business for 37 years.

Secretary - Diane McEwen

I have been a licensed daycare provider since 2005. I have an Associate degree in Business Management. Before opening my daycare I worked for Pilot Direct (was a division of the Virginian Pilot) as the Administrative Assistant for almost 10 yrs; I started in the mailroom and worked my way up. I have 3 children and 5 grandkids. I have been a member of PFCEEA since 2005. I was social secretary for a while; then took over the secretary position with the passing of the last secretary. I help when needed for the other positions.

At-Large Positions

Regina Moore

I have owned and operated Story Time Daycare, an in home daycare for 18 years. I obtained an Associate of Applied Science Degree in Early Childhood Development at Tidewater Community College. Previously, I was active with the PFCEEA phone tree.

Amy Stovall

I grew up in Nashville, Tennessee & attended the University of Missouri. I majored in education, psychology and early childhood development (triple majored) taught kindergarten for 5 years. Have been doing in-home childcare for 23 years and licensed for 9 years. I've been a member of PFCEEA since 2006.

In addition to the two new at-large members, the current at-large members are:

Jan Coffman

Michelle Freeman

Cindy Sisson

Marie McFadden

and **Dona Cox** will now be in charge of door prizes at our trainings



Santa will visit your childcare
Milton Whann
482-5529

Santa sings Christmas songs with the children, reads them a story, everyone has time to sit on his lap and Santa will pose for individual and group photos. Yes, that is his real beard! Call before he is all booked up.

Discounts

Did you know you can receive a discount from Kaplan and Lakeshore? Our state association, The Virginia Alliance has been able to secure discounts for us. To receive the discount codes, go to:

<http://www.vafcca1.net/#!membership-benefits/c1se>

Scroll down until you see the Kaplan and Lakeshore logos; click on them for info.

Training photos



September training with Sharon Howell

Met Life

Nikki D. Winkler

Financial Services Representative

MetLife Premier Client Group of the Mid-Atlantic

283 Constitution Drive Suite 525

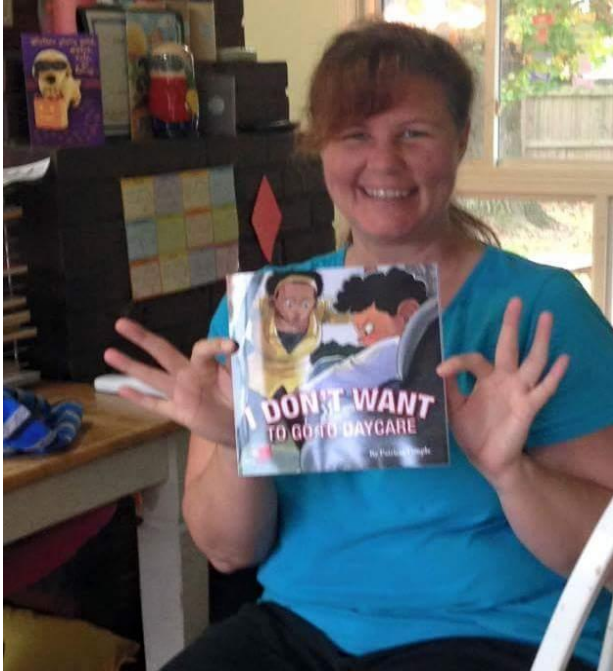
Virginia Beach VA 23462

T: [\(757\) 687-1366](tel:(757)687-1366) F: [\(757\) 687-1395](tel:(757)687-1395)

nwinkler@metlife.com



Congratulations Trish!



Hot off the Press!

One of our members is now a published author; congratulations Patricia Temple!!!!

Here are 2 direct links to purchase her book:

<http://booksamillion.com/search?id=6466542926762&query=i+don%27t+want+to+go+to+daycare&where=All>

http://www.amazon.com/DONT-WANT-TO-GO-DAYCARE/dp/0996910530/ref=redir_mobile_desktop?ie=UTF8&keywords=i%20dont%20want%20to%20go%20to%20daycare&qid=1446684632&ref=mp_s_a_1_1&sr=8-1

Do you know a Special Needs Child?

Many families with special needs children have never heard of the wonderful program called Sensitive Santa. This is for children with autism, downs syndrome, and other disabilities. It's hard enough for most children to wait in line at the mall, fight the crowds and listen to loud music but nearly impossible for children with autism and other sensory processing disorders. Lynnhaven Mall in Virginia Beach and the Autism Society of VA does Sensitive Santa every year; it is held on Sunday morning when the mall is closed. Three families are allowed in every 30 minutes. Another Sensitive Santa is 100% sensory friendly. It's at the Millpond (Gatesville, NC) without music or crowds. It's by appointment only, so each family is by themselves. We make the visit fun for the kids and their family.



Sensitive Santa

Saturday, December 12

at the

Merchants Millpond State Park

By appointment ONLY

Contact Wendy Harrell

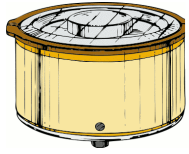
252-287-5710

Sensitive Santa is for families with special needs children.

The event is sensory-friendly.

Since it is by appointment only, there will be no waiting in lines.

Photos by ADO Photography (Annie Olson) - Donations only



Recipe Corner



Granola Cookies

1 cup butter	$\frac{3}{4}$ cup sugar
$\frac{3}{4}$ cup packed brown sugar	2 large eggs
1 teasp. Vanilla	1 $\frac{3}{4}$ cup flour
1 teasp. Baking soda	1 teasp. Salt
3 cups granola cereal	1 $\frac{1}{2}$ cups choc.chips

Mix butter and both sugars until creamy. Add eggs and vanilla, beating until fluffy. Combine flour, salt, & soda; add to creamed mixture and stir until blended. Stir in granola and chocolate chips. Drop by heaping teaspoonfuls onto a baking sheet. Bake at 350 for 10-12 minutes or until golden brown. Makes 5 dozen cookies.

Cleaning for a Reason

<http://www.cleaningforareason.org/>

If you know any woman currently undergoing Chemo, please pass the word to her that there is a cleaning service that provides FREE housecleaning 1 time per month for 4 months while she is in treatment. All she has to do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in her zip code area arrange for the service. This organization serves the entire USA and currently has 547 partners to help these women. It's our job to pass the word and let them know that there are people out there who care. Be a blessing to someone and pass this information along. It could be a real help for someone.

Interesting Websites

<http://www.sciencebuddies.org/>
<http://www.preschool-plan-it.com/>
<http://www.pre-kpages.com/preschool-quiet-bins/>
<http://happyhooligans.ca/70-awesome-toys-make-kids/>
<http://kidsactivitiesblog.com/71871/30-genius-mom-tricks>
<http://www.playideas.com/16-halloween-activities-for-3-year-olds/>
http://www.kinderart.com/across/index_music.shtml

Holidays and Special Days of the Month

Oct.

<http://www.playideas.com/16-halloween-activities-for-3-year-olds/>
<http://www.first-school.ws/theme/occasions10.htm>
<http://www.dltk-holidays.com/halloween/index.html>
<http://holidayinsights.com/moreholidays/october.htm>
<http://www.playideas.com/16-halloween-activities-for-3-year-olds/>

Nov.

<http://www.dltk-holidays.com/thanksgiving/index.html>
<http://www adaycare.com/PreschoolCurriculumSample7ThanksgivingTheme.html>
<http://www.freekidscrafts.com/holidays/thanksgiving-crafts/>
<http://www.allcrafts.net/thanksgiving.htm>
<http://www.enchantedlearning.com/crafts/thanksgiving/>
<http://livingmontessorinow.com/2015/10/24/november-themed-activities-for-kids/>

Dec.

<http://www.brownielocks.com/december.html>
<http://www.howdoesshe.com/20-mason-jar-crafts-to-make-and-love/>
<http://www.enchantedlearning.com/crafts/christmas/>

Recalls

To stay up to date with food recalls, check out the following websites:

<http://www.foodsafety.gov/>
<http://www.foodsafety.gov/recalls/>
<http://www.foodsafetynews.com/sections/food-recalls/#.VYsGU0bZFyE>

For all other recalls, check this website:

<http://www.cpsc.gov/en/>

Things to Remember



To see the guide for new crib standards, go to: www.cpsc.gov
Crib manufacturers had to start making cribs under the new regulations in June 2011. Providers had until **December 28, 2012** to purchase new cribs.



If you need training hours: Our upcoming trainings will be on Monday, November 23. All of our upcoming training dates are on our website www.pfcee.com



Are you being reimbursed for feeding your child care children? You are if you are A USDA participant. It's free to join. Call Children's Harbor at 397-2984.



If you are cleaning closets, please donate your unwanted items for our door prizes, this includes gift bags or baskets. Contact Dona Cox at 486-1565.



If you have left over diapers or very gently used baby, child, or adult clothing, PFCEEA makes donations to companies who help those in need. Contact Beth Kaminski 853-4505 or bring your items to our meetings.



Help advertise PFCEEA and all of our individual businesses by purchasing a license plate frame for your car. They are available at our training meetings \$3 for 1, or \$5 for 2.



If you have any comments, suggestions, or concerns, please call Marie at 482-9470 or email us at: pfcee@yahoo.com

facebook

PFCEEA has a Facebook account - join us - go to Facebook.com and search for Pfcee



If you live in Norfolk and have received a call from the parent(s) of a special needs child you don't think you can adequately care for, Precious Pearls Childcare Center is located on Wildwood Drive and only accepts special needs children. Their phone # is 286-9900.



Our website is: www.pfcee.com