



PFCEEA Quarterly



October to March 2013

Fall/Winter Edition

A Message From Your President

Happy New Year to everyone!

The results of our election are as follows:

President - Marie McFadden,

Vice-President - Randee Holmes,

Treasurer - Wanda DiNardo,

Secretary - Azure Howell

I'd like to thank the 35 of you who took the time to vote in our election as you helped the association have a legal election. If you are a member in good standing and would like to join us for our business meetings, let me know and I'll let you know where and when the meeting will be held. We value our members ideas and want to hear from all of you. According to our bylaws, this will be the last term for all 4 of us. Please think about stepping up and taking a job in 2 years or the association will fold.

The last day to legally use the old porta cribs was the end of December 2012. If you have young children in porta cribs, make sure the manufacturing date is after June 28, 2011. If you are licensed, and you are still using the cribs manufactured prior to June 2011, you will be in violation.

I hope everyone has a great year providing child care; if we work together helping one another we will all benefit!

Marie



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Welcome to our new PFCEEA members
We are happy you have joined.

Zelma Emrie
Raquel Acevedo-Emrie
Kathleen Skogstad

Membership Report

We currently have 88 members in good standing: 16 are in Chesapeake, 1 Hampton, 25 in Norfolk, 8 in Portsmouth, 4 in Suffolk, 33 in Virginia Beach, and 1 in New Orleans, LA.

Since the Association started, we have had 374 people become members.

Remember to check our website to make sure your information is correct. Parents want to make contact with you quickly; if you have an email address listed, make sure you check your email daily.

Submitted by Randee Holmes



How to Contact PFCEEA

Email: pfceea@yahoo.com
Website: www.pfceea.com
Facebook: Professional Family Child Care & Early Educational Association

PFCEEA Executive Board

President

Marie McFadden 482-9470

Vice-President

Randee Holmes 479-9579

Treasurer

Wanda DiNardo 486-4582

Corresponding Secretary

Azure (Kesha) Howell 623-7514



Standing Committees

Advertising

Jan Coffman 499-6474

Historian

Jan Coffman 499-6474

Marketing

Fern Rohrer 857-7948

Jan Coffman 499-6474

Membership

Randee Holmes 479-9579

Newsletter

Marie McFadden, Editor 482-9470

Phone Tree

Cindy Sisson 421-7901

Social Secretary

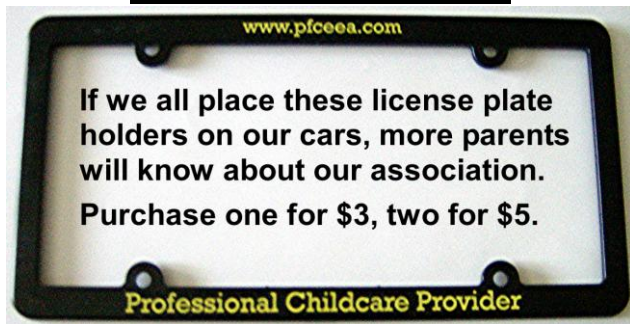
Diane McEwen 490-2371

At Large

Laurie Womack 486-1408

Nicole Jackson

License Plate Frames



Social Secretary

Flu season is here, so be sure to let me know if someone in our PFCEEA family is under the weather. As always I still send out cards for birthdays, wedding, anniversaries, and deaths. I also take suggestions and donations for the door prizes. If I am not at the trainings, you can give your donation to Marie or Randee.

Submitted by Diane McEwen
Social Secretary
d_t.1@cox.net



Candii House

We have received 2 donations this quarter. Thank you for all donations. I will collect all items at either business or training meetings. Give me a call at 853-4505 or email me mylittleschool@cox.net before you plan to make a donation. All sizes of clothing donations must be new or very gently used. Candii House also accepts donations of baby formula (unopened cans only), diapers, wipes.

Submitted by Beth Kaminski



Marketing Report

Fern has given out our business cards and ink pens to Pediatricians' offices and other Doctor offices in Norfolk, Portsmouth, and Virginia Beach. Jan has also passed out our business cards in several places in Virginia Beach. Let us know if you know of any places we can leave our business cards.

Fern Rohrer
857-7948

&

Jan Coffman
499-6474



Website Report

Our home page was viewed 83 times in Oct., 61 in Nov., and 33 in Dec, 2012. People from all around the world have found our website; in addition to our local cities, people in the following areas have visited our site: VA, MD, N&S Carolina, Mass, NY, GA, Ala, TX, CA, OR, Canada, Israel, Africa, & the Philippines.

PFCEEA Meeting Schedule

To register for all training meetings, email pfceea@yahoo.com or call Marie at 482-9470. PFCEEA members receive the training certificate for free, **non-members pay \$10 cash at the door.**

****New starting time for meetings****

Our meetings are held in the Virginia Beach Central Library Auditorium from **6:45-8:45 pm.** We will draw the door prize tickets at 6:45. For anyone arriving after our speaker starts, a certificate for less training time will be given.

2013 training dates:

January 28,	February 11
March 25,	April 29
May 20,	June 24

Phone Tree Report

The Phone tree team called the providers that do not get email to let them know about the up coming trainings. They made the calls for September, October, and November. Thank you to the ladies who were able to make the calls to let providers know about the up-coming trainings we had available for them.

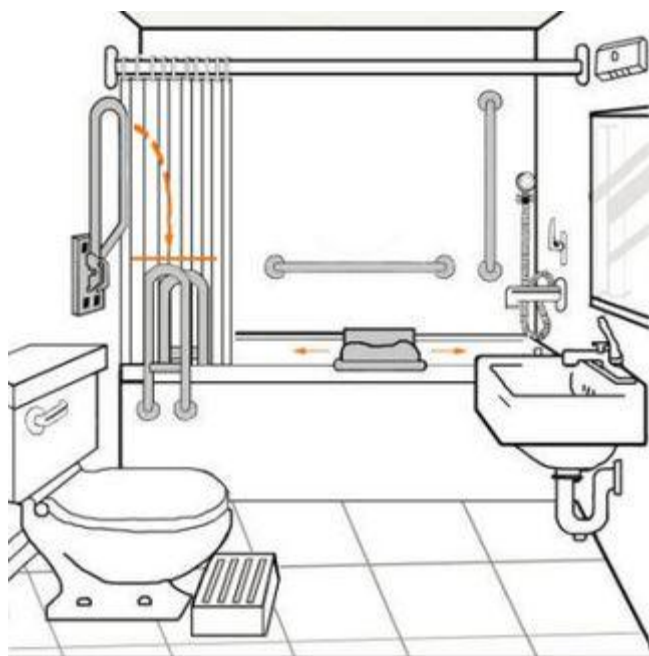
If you would like to join the Phone Tree, please give me a call. You will need an internet connection to receive a list of names of people to contact. The more people making the calls, the fewer calls each of us has to make.

CindySisson 421-7901,
cindy_sisson@hughes.net
PhoneTreeChairwoman



Are You Taking Advantage of the Disabled Access Credit?

By Tom Copeland



Did you know that there are two tax rules that benefit family child care providers who spend money caring for children with disabilities? All child care providers (whether regulated or not) must comply with the [Americans with Disabilities Act \(ADA\)](#).

You must provide "reasonable accommodations" to children with disabilities. Such disabilities include: cerebral palsy, deafness, diabetes, allergies, emotional or mental illness, epilepsy, HIV, AIDS, learning disabilities, blindness, mental retardation, and more.

Most family child care providers have cared for children with disabilities during their career. In the vast majority of cases, it is no big deal. In some situations it may require spending money to make the home more accommodating.

Such expenses made to comply with the ADA can include: Braille books, books on tape, grab bars, bathroom remodeling, wider doorways, ramp, etc.

The IRS [Disabled Access Credit](#) allows you to take a 50% tax credit on such expenses over \$250 and up to \$10,250, for a maximum credit of \$5,000.

Use IRS [Form 8826 Disabled Access Credit](#) to claim this credit. The credit may not be used to build a new home. The amount of credit from this form gets transferred onto IRS Form 1040.

Here's an example: You spend \$2,000 to remodel your bathroom by installing some grab bars next to the toilet and in the bath tub, and widening the bathroom door so a wheelchair can enter. You are entitled to a \$1,750 tax credit (\$2,000 - \$250). This credit will reduce your taxes by \$1,750. Without this credit, you would have had to depreciate these items over 39 years.

Barrier Removal Tax Deduction

By Tom Copeland

There is a second tax benefit called the [Barrier Removal Tax Deduction](#). This allows you to claim a deduction of up to \$15,000 for certain expenses on Schedule C, instead of depreciating them over a number of years. Expenses that qualify for this deduction are limited to removing architectural and transportation barriers such as building a ramp, remodeling a home, or converting a van.

Here's an example: You spend \$1,000 to make your van accessible for a wheelchair. If you didn't spend money on remodeling your bathroom you could claim the credit for this expense (\$1,000 - \$250 = \$750).

If you did both projects, you would add up the total expense (\$3,000) and subtract the amount of the credit claimed (\$1,750) = \$1,250. This is the amount to be deducted on Schedule C. Without this tax benefit, you would have to depreciate the \$1,000 over 5 years (using the [actual car expenses method](#)).

By taking advantage of these two tax benefits, you can make caring for children with disabilities a little easier.

Image credit: getagripfl.com

For more information, see my [Family Child Care Tax Workbook and Organizer](#).



Family Child Care Provider?



Serve nutritious meals to children and earn cash!

For more information about the free
USDA Child and Adult Care Food Program
call 757-397-2984

www.childrensharbor.cc

Child Care Financing Program

If you are looking for financial assistance to make quality improvements, take a look at this video

<http://www.youtube.com/watch?v=AoenWHzCQwo&feature=youtu.be>

Or see this link for more information:

http://vdba.virginia.gov//vsbfa_ChildCare.shtml

National Childcare Regulations

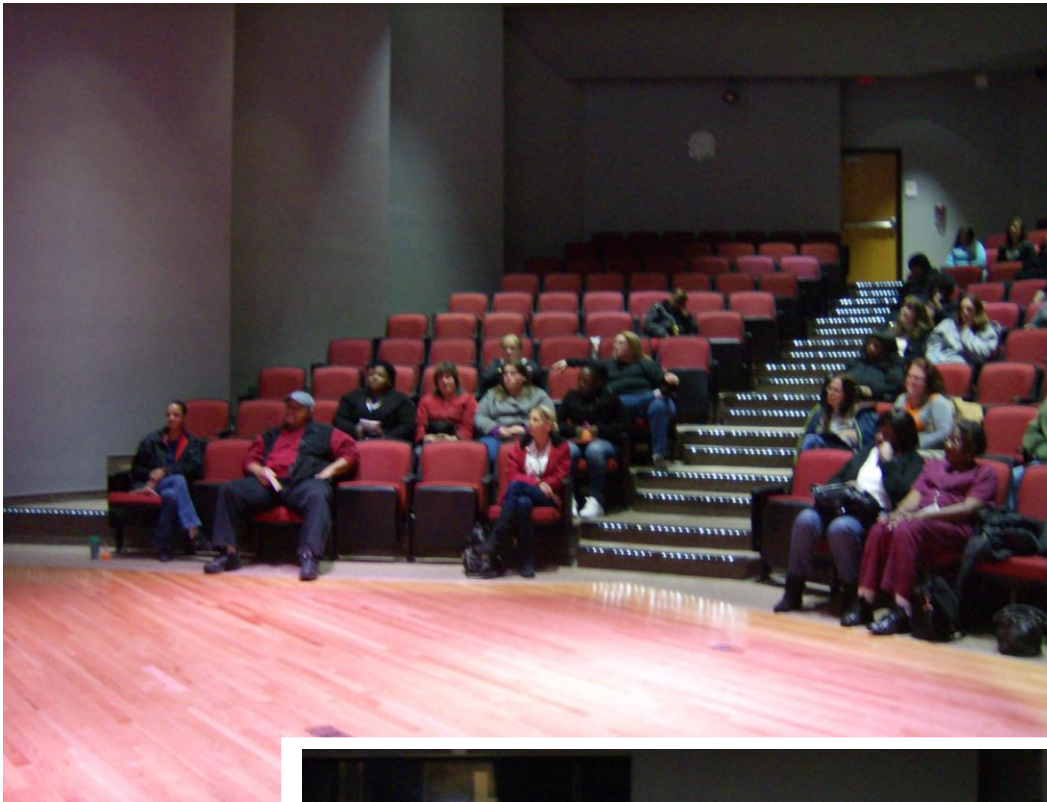
See all the states in the US and what their child care regulations look like

<http://www.naccrra.org/node/2495>

<http://www.daycare.com/states.html>

November Training

November's speaker was Beth Griner. She did an excellent job telling 63 of us about "Moving & Learning".



Interesting Websites

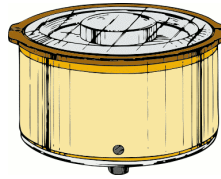
Online stories - <http://kids.aol.com/KOL/1/KOLJrStories>
<http://www.horicon.k12.wi.us/elementarybooksreadaloudonline.cfm>
<http://www.barnesandnoble.com/u/online-storytime-books-toys/379003588/>
<http://pinterest.com/lottalov/books-read-aloud/>
<http://www.mightybook.com/>
<http://www.readtomelv.com/current-books/>
http://www.tumblebooks.com/library/asp/book_detail_s.asp?Category=PictureBooks&isflash=1

Holidays and Special Days of the month
<http://www.brownielocks.com/february.html>
<http://www.butlerwebs.com/holidays/february.htm>

<http://www.brownielocks.com/march.html>
<http://www.butlerwebs.com/holidays/march.htm>

<http://www.brownielocks.com/april.html>
<http://www.butlerwebs.com/holidays/april.htm>

Recipe Corner



Easy Pancakes for a crowd

Instead of standing at the stove making a bunch of pancakes, why not try another way to make them. To make things go faster, use about 3 cups of pancake mix to make your batter. Pour the pancake batter into a greased 15×10 inch jelly roll pan and bake at 375 degrees for 10-12 minutes until puffy and brown. Then just cut the "pancakes" into squares with a pizza cutter.

Skype or Tango?

Looking for a free way to keep in touch with faraway loved ones? Here is an alternative to services like Skype and it has some great features that set it apart.

Tango: <http://www.tango.me/>

With Tango, you can not only make free voice and video calls to other Tango users; you can also leave video messages for friends and family when they're not available. This is a feature that seems unique to Tango that isn't available with Skype. At the moment, Tango is available to download to your iPhone, iPod touch, iPad, Android phone or tablet, Windows phone or Windows PC. Once you download Tango, they'll automatically (using your contact list) find other people who also have and can communicate with you via Tango.

Source: <http://www.tiphero.com>

Tips for Licensed Providers

Make sure you have all items needed in your First Aid kit. Make a note whenever you use something and replace right away. Also look at items with an expiration date.

All outside toys should be inspected every month or so because the cold weather can cause plastic items to crack.

Unplug all small appliances when not in use.

Make sure every line in paperwork is filled in by parent when a new child is being enrolled.

Check the paperwork providers and assistants need to have updated every 2 or 3 years (TB test, CPR, CPS, Criminal History)

New Bleach Solutions

The National Resource Center for Health & Safety in Child Care & Early Education has important information about the concentration of new bleach solutions and how it impacts their recommendations. Please visit <http://cfoc.nrckids.org/Bleach/Bleach.cfm> for more information.

The new bleach solution available in many stores is 8.25% sodium hypochlorite solution (higher than the formerly available bleach solution of 5.25%-6%).

To safely use bleach solutions:

Apply the bleach dilution after cleaning the surface with soap or detergent and rinsing with water. If using a spray bottle, adjust the setting to produce a heavy spray instead of a fine mist. Allow for a 2 minute contact time or air dry. Apply when children are not present in the area. Ventilate the area by allowing fresh air to circulate and allow the surfaces to completely air dry. Store all chemicals securely, out of reach of children and in a way that they will not tip and spill.

Are You Keeping A Log?

We are trying to find new places to advertise our association and we'd like your help. If you know of any place, please pass the contact info to us so we might be able to fill all of our member's openings. You can also help by keeping a log of when you receive phone calls from parents looking for child care. In the log keep track of how the parent received your name/phone number.

Pass this information onto us either in person or through email. This information will help us in marketing the association to let the parents know where you are.



5 - 10 % hypochlorite solution bleach

Purpose	Recipe
Sanitizer For food contact surface sanitizing (dishes, utensils, cutting boards, high chair trays), toys that children may place in their mouths, and pacifiers.	1 Tablespoon of bleach + 1 gallon of cool water Let stand for 2 minutes to air dry.
Disinfectant For use on non-porous surfaces such as diaper changing tables, counter tops, door and cabinet handles, toilets.	$\frac{1}{4}$ - $\frac{3}{4}$ cup bleach + 1 gallon of cool water. Or 1 to 3 T of bleach + 1 quart of cool water applied as a spray. Let stand to air dry.

Things to Remember



To see the guide for new crib standards, go to: www.cpsc.gov
Crib manufacturers had to start making cribs under the new regulations in June 2011. Providers have until **December 28, 2012** to purchase new cribs.



If you need training hours: Our next training will be on Monday, Jan. 28. Speaker is Toni Cacace-Beshears from Children's Harbor; topic is Kindergarten Transitions. PFCEEA's upcoming training dates are on our website www.pfcee.com



Are you being reimbursed for feeding your child care children? You are if you are A USDA participant. It's free to join. Call Children's Harbor at 397-2984.



If you are cleaning closets, please donate your unwanted items for our door prizes, this includes gift bags or baskets. Contact Diane McEwen at 490-2371



If you have baby food, formula (no open containers), diapers or very gently used baby, child, or adult clothing, PFCEEA makes donations to Candii House. Contact Beth Kaminski 853-4505 or bring your items to our meetings.



Help advertise PFCEEA and all of our individual businesses by purchasing a license plate frame for your car. They are available at our training meetings - \$3 for 1, or \$5 for 2.



If you have any comments, suggestions, or concerns, please call Marie at 482-9470 or email us at: pfcee@yahoo.com

facebook

PFCEEA has a Facebook account - join us - go to Facebook.com and search for Pfcee



If you live in Norfolk and have received a call from the parent(s) of a special needs child you don't think you can adequately care for, Precious Pearls Childcare Center is located on Wildwood Drive and only accepts special needs children. Their phone # is 286-9900.



Our website is: www.pfcee.com