



PFCEEA Quarterly

May 2009 Spring Edition

www.pfcee.com

A Message From Your President

Our annual Extravaganza was enjoyed by all who attended; and was successful in surpassing our goals for this year. I would like to thank all that attended and supported our event, we could not continue without everyone's generous support. We are planning next year's event for Saturday, March 27th, 2010. If you have any suggestions or changes that could help make our event better please contact us.

We recently submitted our collective ideas to Social Services concerning the proposed changes to the regulations. We hope it will impact the changes but how much impact I don't know. The Virginia Alliance of Family Child Care Association (State) sent their comments in also, when we hear any information concerning the regulations we will pass it along.

We will be collaborating with the Alliance in October to present a conference at the Law Enforcement Training Center in Virginia Beach. The date is October 17th from 8:30 to 5:00; it will be similar to our Extravaganza with some changes. Please plan on attending, you will receive training, time to check out vendors and mingle with other providers. More information will be available as we draw nearer the event.

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Welcome to our new PFCEEA Members
We are happy you have joined!

Jean Cowand Gwendolyn Myers
Joann Baskerville Christianne Desir
Our 300th member is - Dawn Garrigus

Membership Report

The PFCEEA board voted to rejoin the state association, The Virginia Alliance of Family Child Care Associations (VAFCCA) without raising our local dues of \$25. This means as our members join/rejoin PFCEEA, they are automatically joining VAFCCA. It also means for each membership of \$25 we receive, \$15 goes for state membership and PFCEEA keeps only \$10 to keep our association running.

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Social Secretary Report

The association has sent members 75 cards since January. These cards have been birthday, anniversary, get well, and sympathy. If you know of a member who should receive a card, please contact me.

Another job the Social Secretary does is put door prizes together for each of our training meetings. If you do some Spring cleaning and find some items you don't use as well as baskets/gift bags, we will take them and transform them into a beautiful door prize.

Submitted by Diane McEwen

Phone Tree Report

The Phone Tree was activated four times this Quarter. In February for our training on Autism, in March for the EXTRAVAGANZA, April for the Kool Smiles training on Dental Hygiene, and in May calls were made for the training on Professionalism in child care. Thank you to all the phone tree volunteers for the continuing support. The phone tree would not be a success without your help. FYI, we call approximately 145 non-members of the association. These are all providers that could be potential members of the association. Keep up the good work EVERYONE. If you have any questions concerning the phone tree or would like to help make some calls please contact Beth Kaminski @ 853-4505.

How To Contact PFCEEA

Email: pfceea@yahoo.com

Website: www.pfceea.com

Email Loop: <http://groups.yahoo.com>

Under "Join a group" type in PFCEEA

PFCEEA Executive Board

President

Janis Ingham 498-3303

Vice-President

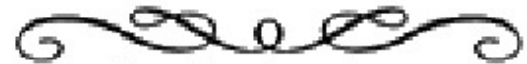
Amy Stovall 340-2148

Corresponding Secretary

Nannette Huff 422-1891

Membership

Marie McFadden 482-9470



Standing Committees

Advertising

Marie McFadden 482-9470

Historian

Beth Kaminski 853-4504

Janice Coffman 499-6474

Marketing

Fern Rohrer 857-7948

Marie McFadden 482-9470

Newsletter

Marie McFadden 482-9470

Phone Tree

Beth Kaminski 853-4504

Resource & Referral

Laurie Womack 486-1840

Social Secretary

Diane McEwen 490-2371

PFCEEA Meeting Schedule

Meetings start at 7:00 pm. The USDA portion of the training is free. Two-hour training certificates are free to PFCEEA members, \$5 for non-members. Pre-registration is greatly appreciated. It also helps us to contact people in case the meeting is cancelled. To register for any of our trainings, call Marie at 482-9470 or email: pfceea@yahoo.com. We have submitted the following dates as possible meeting dates, when we have secured a specific date, we will let everyone know.

July 6 or 13 August 3 or 10
September 7 or 14 October 5 or 12
November 2 or 9



DREAMSCAPE
PHOTOGRAPHY
Nancy E. Stennell
Owner/Operator
Weddings, Family, Boudoir,
Sports, Restoration, Schools

125 INDIAN CREEK ROAD
CHESAPEAKE, VA
23322

amazingdreamscapes.com
email: dscope1@verizon.net
757-421-3152 cell 757-575-0183

Resource & Referral

Hi Members,

I hope all is going well with you and your daycare. PFCEEA is currently running an ad in the classified section of the newspaper for all of us. It will run until the middle of June and then another will be placed in the early part of August. I have no doubt that the ad will generate a lot of calls for all of us. So if you have spaces hopefully we can fill them up for you. Good luck everyone!

Submitted by Laurie Womack

Foodbank News

We have received news that as of June 30, 2010, child care providers will no longer be able to shop at the Norfolk Foodbank. PFCEEA is looking into another possibility, but until then keep sending in your monthly budget money to your USDA food program sponsor and shop. Remember, we can only purchase items that are creditable food items according to our USDA sponsor. The Foodbank cannot accept any new providers as shoppers at this time. Monday evening shopping hours are 5pm - 7:30pm. Saturday shopping days are:

June 6 & 20 July 11 & 25
Aug. 8 & 22 Sept 12 & 26

Submitted by Marie McFadden

Marketing Report

PFCEEA members are still passing out the association's business card to parents and other child care providers as a resource for parents needing to find child care. We are still finding non-members out-number members at our monthly training meetings. Both USDA sponsors are also helping us market the association to their members. If you know a provider, invite them to attend one of our trainings, they might like it enough to join!

Submitted by Marie McFadden

Kandii House

Thank you to everyone who has donated baby food, formula, clothing to Kandii House. They are always looking for donations of these items. If you would like to donate items, please bring them to our monthly training meetings. If you have a very large donation, call Nannette to schedule a pick up 422-1891

Submitted by Nannette Huff

Membership report continued

Since September 2001, we have had 302 members join. Currently we have:

	2002	2007	2008	2009
Jan	51	91	116	108
Feb	52	94	120	107
Mar	55	102	118	100
Apr	62	90	119	106
May	67	95	104	
Jun	68	103	116	
Jul	70	105	110	
Aug	73	109	112	
Sept	75	120	121	
Oct	66	115	116	
Nov	64	108	110	
Dec	64	110	109	

Consumer Supported Agriculture

Have you ever wanted to own a farm, but didn't want to do all the work? You have an opportunity to buy shares of a farm, still do no work, but receive produce every week during our growing season. Go to this site:

<http://www.localharvest.org/> type in your zip code and the farms in the area will show up. This is a wonderful opportunity to receive farm fresh produce at a great price.

Angel Food Ministries

<http://www.angelfoodministries.com/>

There are 6 sites in our local area. If you don't have internet access, call: Norfolk-622-1071; Portsmouth 558-0774, 675-6826, 448-0514; Suffolk 539-1096, 651-6828; Virginia Beach 888-301-9537, 497-6541

Type in your zip code to find the closest site. This is like a share program, you pay for a box of food ahead of time with cash/money orders or food stamps.

Newborns In Need

Do you sew, knit, crochet, or quilt? If so, check out this website: www.newbornsinneed.org/tidewater/ or call Pat Johnson at 943-1413. They are looking for donations of preemie size clothing. They also accept donations of gently used toys and furniture.

National Association for Family Child Care

Annual conference June 24 - 27, 2009

NAFCC is planning their annual conference in Baltimore, Maryland. If you are interested in attending Saturday only or all 4 days, please visit their website for all the details: <http://nafcc.org>

Interesting Websites

www.bankrate.com/calculators.aspx bank calculators

<http://garagesalefinder.com> Garage sales

<http://tipnut.com/> house hold tips

www.asktcl.com/ computer help

<http://justhearit.com/> type in name of song

www.enchantedlearning.com/crafts/july4

www.dltk.com/usa

www.makingfriends.com/Patriotic.htm

www.kidssoup.com/4thofJuly/4thofJuly.html

<http://readyvirginia.gov/> lists of items for hurricane season

Navy EFMP Respite Child Care Program

If you are interested signing up to participate in this program to offer respite care, call Dawn Howard, Navy Outreach coordinator 622-9268 x 3083. She will give you the list of items you will need to have such as as MAT training, CPR, criminal record check, etc.

Keeping Our Children Safe and Avoiding Violations

Did you know????

- Diaper rash medicine **MUST** have FULL NAME of child on ointment
- Batteries must be available and within expiration date for radio and flash light
- Fiber filled blankets increase the risk of potential suffocation
- Did you know, markers left where accessible to children (on a counter where they can roll off) can be considered "endangerment" due to the fumes a marker gives off
- Crib mattress must fit snugly



First Aid Kit:

****Syrup of Ipecac - keep in first aid box EVEN after expiration date expires: document where you attempted to obtain new bottle**

- Must have flexible roller or stretch gauze
- Check expiration date on
 1. antibacterial ointment
 2. bite/sting prep medication expired

Do you have a thermometer in your first aid kit?

It's spring cleaning time!

Check your playground for:

- "s" hooks must be closed
- standing water
- Rusty toys
- Broken toys
- Sharp edges
- Gum balls
- Dirty toys



Go through your children's records and be sure they have:

Emergency contacts

Immunizations

Phone number listed for the physician

Documentation of persons authorized and/or not authorized to pick up the children

Documentation of the child's start date

Documentation of proof of identity in the record

Provider must contact the local authorities as required by the regulations if lack of proof of identify is more than seven business day.

Reminders:

Never start a child without ALL paperwork completed

Providers and assistants

Check dates on Background checks

(Criminal History & Central Registry); TB & Sworn Statement

Recommendation: Keep spare roll of toilet tissue in rest room where accessible to children.

Cannot have aerosol cans of spray accessible to children (wasp or bug spray)

Cannot have "plug-in" deodorizers accessible to children

Cannot have lit candles

Electrical outlet strip must have a protective cover (even those under your computer table)

Submitted by Marsha Windell

February 2009 Training Meeting "Autism: Signs & Symptoms"



Speaker Nancy Harris-Kroll



**Mike from Dominion Ins. presents
Patty with a door prize**

**USDA by Stephanie
from The Planning Council**



Gwen



Door Prize winners Eartherdell



Benny

March 2009 Training Meeting "Child Abuse Prevention"



Jamie Krueger from Child Protective Services



Door prize winner Ellen

April 2009 Training Meeting "Fun Dental Hygiene for Children"



**The Planning Council
giving the USDA
recordkeeping**

**Brinada Miller from
Kool Smiles tells us
about Dental
Hygiene for children**



Door Prize winners Shannon



and Nicole

May 2009 Training Meeting "Creating a Professional Image"



**Places & Programs
giving the USDA
recordkeeping**



**Door Prize winners Hilda &
Mary**



2009 PFCEEA Child Care Extravaganza



Dreamscape Photography



Abrams Learning Trends

Mary Kay Cosmetics



In Good Hands Chiropractic



**Infant & Toddler Connection
of Norfolk**



Juice Plus



The Children's Toy Connection



Anthem Health Keepers



Kool Smiles

2009 PFCEEA Child Care Extravaganza



Usborne Books



Lakeshore Learning



The Pampered Chef



Marty LaGiglia - "Improving a Child's Learning Environment"



**Debbie Bierne, DSS
Mat information**



**Toni Cacace-Beshears "Smart Beginnings" &
"Non Competitive Games"**



Kevin Coombs "CPR & 1st Aid"

President's message continued

As summer approaches remember to get the permission slips signed to put sunscreen on your children, the sun is the hottest from 10 to 2, so try and find a shady spot to play outside. Keep all playground equipment in good condition; repair or replace any equipment that is weak, broken or in poor condition. The playground should be free of tripping hazards, choking hazards, or conditions where a child can become entrapped. Provide a cushioning material (sand, wood chips, etc.) in areas around playground equipment to help soften falls.

We are looking for alternative locations for our training meetings because we did not get any dates from the library for the next six months. I have contacted several churches, rec centers and other libraries for meetings, if anyone has any suggestions please let me know. Our June meeting will be held at the Virginia Beach Central Library on June 15th at 7:00, the topic is not confirmed yet.

Sincerely,

Janis Ingham

President, PFCEEA



October 17 Conference

"Child Care Providers - We're On the Move"

PFCEEA is working with The Virginia Alliance of Family Child Care Associations to host a 1 day State Conference on Saturday, October 17 at the Virginia Beach Law Enforcement Training Academy. A full day of affordable training, networking, shopping, and eating is planned. We are still finalizing the workshops and schedule of the day. If you are interested in volunteering to help insure a smooth-running event, or receiving more information on attending, please call Marie at 482-9470, or email: pfceea@yahoo.com. As soon as the registration packets are ready, we will either email or mail one to you. If you have never attended a state conference because it was held too far away, this is your golden opportunity as this one is in our area. We are expecting approximately 200-300 attendees; if you need training hours before the end of the year, you might want to check this out.

VAFCCA

Board of Directors

Rear:

Fran & Janis

Front:

Mary, Marie,

Sonnia, & Denise

