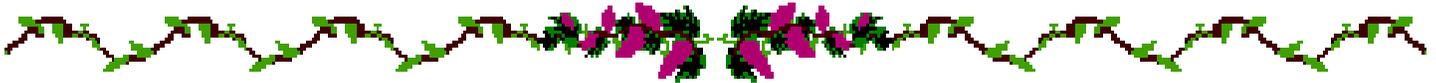




PFCEEA Quarterly



October- April 2015/2016

Winter Edition

www.pfceeaa.com

A Message From Your President

Hello everyone; I am honored to be your current President and together with the board of directors, I know the coming year will have the association growing larger and stronger. We have had a large number of people attend our trainings the last few months and we are so happy to report our training room is full each month.

The General Assembly passed some new laws pertaining to child care this past session. In order to keep abreast of the new laws, Governor McAuliffe unveiled a new child care website for both parents and providers: <http://www.childcareva.com/>

The warmer weather is finally here! Children will want to be outside a little longer these days. Be on the lookout for spiders and other insects that could bite the children. This is a good time of year to inspect all outside toys as the cold weather can cause plastic items to crack. Also, if you have metal items, check for chipping paint.

If you have day care liability insurance from DCI you will receive a notice from them saying they are not renewing policies in Virginia. John Governor is suggesting another company, see page 6.

*Randee*



Inside This Edition

Membership Report	page 2
Social Secretary Report	
Save Plastic Lids	
Contacting PFCEEA	
Donations	page 3
Advertising	
PFCEEA Meeting Schedule	
Phone Tree Report	
Marketing Report	
Website Report	
News from the VA Alliance	page 4
Interesting Websites	
Congratulations to Randee	
Recalls	page 5
Cleaning for a Reason	
Recipes	
Removing marker	
Children's Harbor USDA Program	
Assure Child Care Ins.	page 6
Free Summer Activities	
Tips for Licensed Providers	page 7
Home Made Games	
Tax Record Keeping Hints	



Welcome to our new PFCEEA members  
We are happy you have joined.  
No new members this quarter

## Membership Report

I have recently taken over as Membership chair and I'm looking forward to seeing you at our trainings. We currently have 47 members in good standing: 12 are in Chesapeake, 10 in Norfolk, 1 in Portsmouth, 3 in Suffolk, & 21 in Virginia Beach. Since the Association started, we have had 401 people become members. Remember to check our website to make sure your information is correct. If you change your email address, phone number, or move either to another local address or out of the area, please let us know as soon as possible.



Submitted by Marie McFadden

## How to Contact PFCEEA

Email: [pfceea@yahoo.com](mailto:pfceea@yahoo.com)  
 Website: [www.pfceea.com](http://www.pfceea.com)  
 Facebook: Professional Family Child Care & Early Educational Association

### PFCEEA Executive Board

#### President

Randee Holmes 479-9579

#### Vice-President

Beth Kaminski 853-4505

#### Treasurer

Cindy Huntington 468-0681

#### Corresponding Secretary

Diane McEwen 490-2371



### Standing Committees

Advertising	Jan Coffman	499-6474
Diaper donations	Diane McEwen	490-2371
Door Prizes	Dona Cox	486-1565
Historian	Jan Coffman	499-6474
Marketing		
Membership	Marie McFadden	482-9470
Newsletter	Marie McFadden	482-9470
Phone Tree	Cindy Sisson	421-7901
Photographer	Diane McEwen	490-2371
Social Secretary	Michelle Freeman	483-1970

## Save Plastic Lids

I recently found out about a program where the Navy is making prosthetics out of plastic lids. Instead of throwing your plastic lids in the trash, please consider saving them and bring to our trainings to give to Marie. As long as it is plastic they will accept it. Ask your daycare families and neighbors to hop on board and participate in this very worthwhile program with us.

## Social Secretary

If you know of a member who should be sent a get well or sympathy card, contact me and I will send out the card right away.

Call Michelle at 483-1970



Submitted by Michelle Freeman

### Donations

We are still collecting items to donate to those in need. If you have anything in very good condition you would like donate, give me a call at 853-4505 or email me [mylittleschool@cox.net](mailto:mylittleschool@cox.net) Items may be brought to our trainings.

Submitted by Beth Kaminski

We are also collecting diapers at our trainings - see Diane



### PFCEEA Meeting Schedule

To register for all training meetings, email [pfceeatraining@gmail.com](mailto:pfceeatraining@gmail.com) or call Amy at 340-2148. PFCEEA members receive the training certificate for free; non-members pay \$10 cash at the door. **No Children.**

Our meetings are held in the Virginia Beach Central Library from 6:45-8:45 pm. We will draw the door prize tickets at 6:45. For anyone arriving after our speaker starts, a certificate for less training time will be given.

#### 2016 training dates:

May 23, June 27, July 25, Aug 29

We are collecting the following items at our trainings: plastic lids, diapers for Diaper Bank of Hampton Roads, and gently worn clothing (men or women).

### Advertising Report

We will be placing another ad in the newspaper to be run from May 13, to June 13. Make sure your information is correct on our website so parents will be able to contact you.

([www.pfcee.com](http://www.pfcee.com))

Jan Coffman 499-6474



### Marketing Report

We are in need of someone willing to step up and take the job of marketing (letting people know we exist) for the association. Let us know if you are interested. In the mean time, I'd like to ask all of our members to mention our website to people you meet. [www.pfcee.com](http://www.pfcee.com)

### Phone Tree Report

I have given most of my Phone Tree helpers time off the past few months as I have free time in the morning which allows me time to make the calls for training. Many thanks to all the ladies who are ready to help when needed. A big thank-you to Beth for calling the centers. If you would like to join the Phone Tree, give me a call.

CindySisson 421-7901,

[cindy\\_sisson@hughes.net](mailto:cindy_sisson@hughes.net)



### Website Report

Our home page was viewed 85 times in October, 56 Nov., 52 Dec., 98 Jan, 95 Feb & 50 in March. In addition to our local cities, 11 other cities in Virginia logged on: Alexandria, Ashburn, Catlett, Charlottesville, Exmore, Fairfax, Fredericksburg, Midlothian, Richmond, Springfield, & Williamsburg.

People in the following states have visited our site: CA, FL, GA, MD, MA, MN, MT, NY, NC, SC, TX, VA, WA, & WI.

People from all around the world have visited our website too: Algeria, Angola, Argentina, Bolivia, Brazil, Canada, Chile, China, Ecuador, France, Hong Kong, India, Indonesia, Iran, Israel, Italy, Jamaica, Kuwait, Malaysia, Mexico, Philippines, Portugal, Romania, Serbia, South Africa, Tunisia, United Kingdom, and Venezuela.

Submitted by Marie McFadden

## News From the Virginia Alliance of Family Child Care Associations

### **New law will change unlicensed day care rules in Virginia**

WASHINGTON – After a particularly deadly year for unlicensed day care centers in Virginia, Gov. Terry McAuliffe will sign new rules into law that aim to protect children.

**The bill requires family day homes to disclose in writing that they are unlicensed. By July 2016, those homes can only care for up to four unrelated children — down from five. Effective July 2017, licensed day care facilities must abide by the fingerprint-based national criminal history records checks.**

#### Related Stories

[Midlothian day care owner sentenced for not having license Virginia](#)

[Daycare teacher charged with biting baby News](#)

McAuliffe will ceremonially sign the legislation in Midlothian, Virginia on Tuesday morning. Last October, a 1-year-old boy died in a house fire at an [unregulated Midlothian day care](#). There were no working smoke detectors.

Last year, nine children died in unregulated day care homes, the most in a decade, according to the [Washington Post](#).

All nine were younger than age two. Supporters say the new rules are progress, but some say they don't go far enough. [Maryland](#) and [D.C.](#) require licenses for providers who care for any unrelated child on a regular basis.

Licensed providers abide by state health and safety standards.

Children are about three times more likely to die in unlicensed day care homes compared to regulated facilities. The Washington Post reports 51 children died at unlicensed homes throughout the past 10 years, compared to 18 children in regulated facilities. In 2014, three children died in unlicensed homes that didn't have working smoke detectors.

### Interesting Websites

Holidays and Special Days of the Month

May

<http://www.dltk-kids.com/usa/memorial-day.htm>

<http://www.enchantedlearning.com/crafts/memorialday/>

<http://www.notimeforflashcards.com/2013/05/13-patriotic-crafts-for-kids.html>

June

Save money when shopping

<http://thekrazycouponlady.com/tips/finance/12-easy-ways-to-earn-after-making-a-purchase/>

<http://www.first-school.ws/theme/occasions6.htm>

<http://www.kidactivities.net/post/This-is-the-Month-of-June.aspx>

July

<http://www.kidssoup.com/activity/4th-of-july-preschool-kindergarten-and-daycare-crafts-activities-games-and-printables>

<http://www.allkidsnetwork.com/crafts/4th-of-july/>

<http://www.dltk-kids.com/usa/crafts.html>

Marie McFadden



**Congratulations to  
our President,  
Randee Holmes  
on receiving her  
Master's Degree!**



Randee is finally realizing her dream of receiving her Master's degree. This has been a long hard road as she is a wife, mom to 5 children and has operated her child care business for 19 years. We are all very proud of you and your accomplishment!



## Recalls

To stay up to date with food recalls, check out the following websites:

<http://www.foodsafety.gov/>

<http://www.foodsafety.gov/recalls/>

<http://www.foodsafetynews.com/sections/food-recalls/#.VYsGU0bZFyE>

For all other recalls, check this website:

<http://www.cpsc.gov/en/>

## Cleaning for a Reason

<http://www.cleaningforareason.org/>

If you know any woman currently undergoing Chemo, please pass the word to her that there is a cleaning service that provides FREE housecleaning 1 time per month for 4 months while she is in treatment. All she has to do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in her zip code area arrange for the service. This organization serves the entire USA and currently has 547 partners to help these women. It's our job to pass the word and let them know that there are people out there who care. Be a blessing to someone and pass this information along. It could be a real help for someone.

## Family Child Care Provider?



**Serve nutritious meals to children and earn cash!**

For more information about the free  
USDA Child and Adult Care Food Program  
call 757-397-2984

[www.childrensharbor.cc](http://www.childrensharbor.cc)



## Recipe Corner



### Oven Baked Chicken Parmesan

6 boneless skinless chicken breast halves  
1 packet SHAKE 'N BAKE Original Chicken  
2 cups spaghetti sauce  
1-1/2 cups KRAFT Shredded Mozzarella  
1/4 cup KRAFT 100% Grated Parmesan  
1 tsp. dried oregano leaves (optional)  
Coat chicken with coating mix as directed on package. Place in 13x9-inch baking pan. Bake at 400°F for 20 minutes or until cooked through. Top each chicken breast with sauce and cheeses. Sprinkle with oregano. Bake an additional 5 minutes or until cheese melts.

Makes 6 servings

This recipe created by Kraft Foods.

Marie McFadden

Note: I have not personally tried the following tips; however, if you have permanent marker on something, you don't have anything to lose by trying these.

## HOW TO REMOVE PERMANENT MARKER FROM EVERYTHING



CLOTHES - USE HAND SANITIZER

WALLS - USE TOOTHPASTE OR HAIRSPRAY

WOOD - USE RUBBING ALCOHOL

CARPET - USE WHITE VINEGAR

FURNITURE - USE MILK

WHITE BOARD - USE DRY ERASE MARKER OR PENCIL RUBBER ERASER

CERAMIC OR GLASS - USE 1 PART TOOTHPASTE WITH 1 PART BAKING SODA



assure child care

Day Care Insurance Services, Inc. (DCI) is unable to renew its policies in Virginia, so current policies will be non-renewed with 45 day advance notice.

DCI made arrangements with ASSURE CHILD CARE (ACC), to be ready to assist you with Liability/Accident Medical insurance for your Family Child Care (FCC) business. You may reach ACC by email at

[info@assurechildcare.com](mailto:info@assurechildcare.com) or by telephone at 1-855-818-kids (5437).

Their website has information and a smooth process to enroll and make payment - [www.assurechildcare.com](http://www.assurechildcare.com).

DCI and John Governor recommend ACC to help you make a transition to a quality new insurance policy.

John Governor will be the Virginia insurance agent representative for ACC as he was with DCI. If you would like a paper application for ACC or have any questions, please contact John.

1.615.948.6840 or Email – [j24gov@gmail.com](mailto:j24gov@gmail.com)

### Free Things to Do With Children This Summer

<http://www.kidsbowlfree.com/> (might only be at Pinboy's in Hilltop, VB)

[http://www.barnesandnoble.com/b/summer-reading/\\_/N-rs9](http://www.barnesandnoble.com/b/summer-reading/_/N-rs9)

<http://www.regmovies.com/Movies/Summer-Movie-Express>

<http://blog.homedepot.com/free-home-depot-kids-workshop-first-saturday-month/>

<https://www.geocaching.com/play>

[https://az822563.vo.msecnd.net/docs/default-source/cec\\_file/deals-offers/rewards-calendars/readingrewards\\_rc\\_12159bb023f6e9ca6c5faaa5ff0d002d632e.pdf?sfvrsn=2](https://az822563.vo.msecnd.net/docs/default-source/cec_file/deals-offers/rewards-calendars/readingrewards_rc_12159bb023f6e9ca6c5faaa5ff0d002d632e.pdf?sfvrsn=2)

<https://lowesbuildandgrow.com/>

<http://www.basspro.com/webapp/wcs/stores/servlet/CFPageC?storeId=10151&template=activities.cfm&appID=86326&catalogId=10051>

<http://www.cslpreads.org/>

Marie McFadden

### Tips for Licensed Providers

Once again, the majority of violations providers received were paperwork related. We all need to pay strict attention to making sure we have received a child's immunization record, 2 emergency contact names/numbers, signed authorization to apply topical items on a child, have parents review annually and sign the "child's record" paperwork, document monthly fire drills and 2x per year shelter in place drills, if you have animals in your home make sure their paperwork is up to date, providers and assistants must have 16 hours of training each year, TB test must be taken every 2 years, criminal history/sex offender check every 3 years, chimney inspection every year.

Marie McFadden

### Home Made Games

#### Storytelling Progressive Style

Place several small items in a paper bag. On the outside of the bag write: Once Upon a Time. One child starts the story with Once upon a time, then pulls out one item and makes up a sentence or 2 including that item in the story. The next person pulls out an item and adds to the story. The good part of this is the children don't need to know how to read, just have a good imagination. The stories can get very silly, but everyone has a great time doing it.

I have a second bag with different items in it to make up another story. The good thing is these bags can be used over and over as the items are picked in different order each time. This is a great activity to do just before parents are due to arrive. They see everyone sitting down and having fun with the other children while using their imaginations.

Marie McFadden

### Tax Record Keeping Hints

Whether you still use a ledger book or a spreadsheet on your computer to record your income and expenses, the thing to remember is to record your receipts in a timely manner. This timely manner can be once a week or once a month whichever works best for you; just don't let it go for an entire year and try to do it a week before the tax filing deadline. This will make you very frustrated and you will wish you had kept up with entering receipts better. I find entering the info on a weekly basis works best for me as I don't have time to forget anything. Since mileage is a great deduction for us, if I go to a store for the first time and forget to check the mileage, I use Bing or Google maps and click on directions from my house to the address of the store. The mileage will be shown and it takes out all the guess work and possibly under estimating the mileage. In addition to expenses, I also enter my income from each child. This way if a family leaves during the year all I have to do is fill out the W-10 form, write a receipt for the total amount, and make a copy of the child's income sheet to give to the parent.

Marie McFadden